How To Subscribe to the Sexual Intelligence RSS Feed

Strong Recommendation Before You Begin

Whether you use Internet Explorer or Firefox as your web browser, consider upgrading to the latest version. You will you get a more secure browser, and it will be easier to subscribe to RSS feeds such as ours. The upgrades are FREE, and will install themselves over an existing older version.

You can get Firefox V2 here (http://www.mozilla.com/en-US/firefox). You can get Internet Explorer V7 here (http://www.microsoft.com/windows/ie/default.mspx)

To subscribe to the RSS feed from the Sexual Intelligence web site

Open your web browser and go to our web site, www.SexualIntelligence.org.

In the newsletter options column on the right, look for the section labeled "Subscribe to Newsletter". Follow the directions below for your web browser.

Firefox V2.x

Click on the orange RSS icon to set an RSS feed bookmark to the newsletter.

Add Live Bookmark			X
<u>N</u> ame:	Sexual Intelligence Newsletter		
Create in:	📴 Bookmarks Toolbar Folder		✓
		ОК	Cancel

Internet Explorer V7.x

Click on the orange RSS icon to set an RSS feed bookmark to the newsletter.

You will see a new screen with the following information.

Sexual Intelligence Newsletter

You are viewing a feed that contains updated content. When you subscribe to a feed, it is added to the Common Feed List. Updated information from the feed is automatically downloaded to your computer and can be viewed in Internet Explorer and other programs. Learn more about feeds.



Click on "Subscribe to this feed" and you will see the following dialog box.

Internet Explorer			
2	Subscribe to this Feed When you subscribe to a feed, it is automatically added to the Favorites Center and kept up to date.		
<u>N</u> ame:	Sexual Intelligence Newsletter		
C <u>r</u> eate in:	Feeds <u>Ve</u> w folder		
	Subscribe Cancel		
Your compu feeds, even	ter will periodically check online for updates to subscribed when Internet Explorer is not running. <u>What's a feed?</u>		

Click on the "Subscribe" button to set the bookmark to the Sexual Intelligence Newsletter.